



## International Karate Seminar

Ballinasloe based Itosukai-kai Karatedo Ireland attended an international seminar in Copenhagen, Denmark recently. Representing Ireland were L-R: Sensei's Tony Dolphin, 5th Dan, Leo Mulvany, 6th Dan (Chief Instructor IKKI) & Kevin Casey, 5th Dan.

The four day seminar was attended by black belt grades from Denmark, Sweden, Scotland, Belgium and Ireland. Ireland contributed to the seminar by presenting two practical sessions on Kobudo, the ancient art of Japanese-Okinawan weaponry. The Irish team also performed Kobudo demonstrations.

For more information on Itosu-kai Karatedo Ireland, got to [www.itosukaiireland.org](http://www.itosukaiireland.org)